

From dependency to development...

Community planning in the Torres Strait

John Paton — Futureview and Merrelyn Emery — Australian National University

The housing situation has improved dramatically, partly because Saint Pauls now has their own builder, painters, plumbers and maintenance people as was identified in their original plan. People now have more responsibility for the homes they live in.

This may not seem to be a very grand statement, but when you understand it refers to a people whose culture had been suppressed and who had been dependent on government for nearly every aspect of material living, you will see that it is indeed quite dramatic. This story of five communities overcoming years of dependency and by using participative planning processes begins in 1993.

Ending dependency and beginning self-management of the community's future... Between May 1993 and March 1994 five communities of the Torres Strait Islands, at the Northern tip of Queensland in Australia, used the *search conference* method to:

- Explore their probable and desirable worlds...
- Examine their history...
- Explore their communities as they are at the moment, decide on their most desirable future...
- Do action planning to collectively achieve their most desirable future, taking into account changes in the world about them.

Considering the state of affairs at the start of the project, some considered it as overly ambitious, others felt it was ludicrous. **I**

The overall experience and actions taken by Saint Pauls and Kubin on Moa Island and the Murray, Mabuiag and Saibai Island communities demonstrates that communities which have experienced

years and years of dependency can make significant social and material progress in a relatively short time using highly participative/democratic planning and work methods.

During the planning itself and post-planning implementation phase the communities relearned that they have the ability to work out what needs to be done, how it should be done and most importantly, that they can do it. We use the word *relearned* because this is how Torres Strait Islanders did things in the past — they noted this in the searches and the training workshops. Two of the three communities discussed here mentioned self sufficiency explicitly. It is implicit throughout Mabuiag's goals and their emphasis on maintenance of environment. They understand their interdependence with the environment. All communities wanted an end to dependency.

In February, 1996, John Paton spent four days with the three communities of Saint Pauls, Kubin and Mabuiag, evaluating the outcomes of this process through participative community meetings. The information gathered then by John and the detailed reports of the original searches make up the remainder of this sharing of the impact of participative democratic planning on community development. Here we will describe the implementation of these community planning processes by highlighting how several action plans were carried out in Saint Pauls, Kubin and Mabuiag.

Editor's note: This article is drawn from a longer unpublished report (with the same name) written by these two authors. It is quite rich in detail about the implementation of all three of the community plans. If you wish a copy, I will fax or e-mail it to you if you query me in the same manner. Ned Hamson, at 513-226-5322 or nhamson@cinci.rr.com.

If you wish to obtain past articles written by Merrelyn Emery for this publication, please call 513-226-5322.

Backgrounder on the Torres Strait Islands and its people...

Place: Torres Strait is the most northern region of Australia. It extends from the Jardine River on Cape York in the South, to the international border with Papua New Guinea in the North, to the edge of the Great Barrier Reef near 144°E in the East, to the reefs and uninhabited islets near 141°E in the West. There are many islands, reefs and coral cays but only 16 islands are currently inhabited. There are also two communities on the tip of Cape York. The total population is roughly 8000.

Physical environment: Torres Strait is a region of great beauty, a genuine tropical Island Paradise. It is also to a large extent an undeveloped paradise and a place of great marine riches.

People: Most of its people are Melanesian in origin, others, the Kaurareg are closer to mainland Aboriginal peoples. There are three traditional languages and a local creole. They are easy going and happy people with a quick sense of humour. They are also strong and dignified and have a long heritage and unique culture, *Ailan Kastom*, of which they are rightfully proud.

External environment: They have had contact with white European culture since 1770 and this contact has been increasingly intensive since the beginning of World War II. Their heritage and culture has, therefore, been under siege for some time.

In 1992, Ernie Mabo of Mer Island in Torres Strait won a decision in the High Court of Australia which finally overturned *Terra Nullius*, the myth that Australia in 1770 was an empty land, with no owners.

The underpinnings of an unhealthy community — The history of Torres Strait since the English invasion is a tragic one and its legacy today is continuing high birth and death rates. Life expectancy of Islanders is 23 years less than for non indigenous Australians and for women it is 30 years less. The major causes of death are circulatory, respiratory, nutritional and metabolic diseases, perinatal conditions, and cancer. It is estimated that over 40 percent of adults have diabetes and both suicide and sexually transmitted disease rates are high.

Environmental conditions are a major contributor... Housing is in short supply and overcrowding is rife. Our team recorded 28 people living in one house on one of the outer islands. Basic facilities such as water quantity and quality, sewerage and waste disposal are inadequate. There is a doctor:population ratio of 1:1303 which compares to an average ratio across Northern Australia of about 1:100. In the last few years, an increasing amount of money has been poured into Torres Strait Islands to improve this infrastructure.

However, much of this ill health is preventable as it springs from lifestyle. Nutritional quality has decreased over the last fifty years although Islanders are still one of the world's greatest consumers of fish and seafood. Breakdown of culture and easy access to Western junk food, alcohol and Coca Cola point to the importance of education.

Underpinnings to dependency — Most island communities have a Community Development Employment Program (CDEP) a system where people work for the dole or welfare and the community receives associated capital and recurrent funds for development.

CDEP Jobs... Most of the CDEP workforces are heavily supervised. Two we looked at in the training had six and seven levels of management and supervision above the 40-60 actual workers. The jobs in terms of quality, therefore, are very low. In terms of content, most are also low quality as many involve cleaning up and laboring jobs. Not surprisingly, work proceeds in a pretty desultory fashion. In addition, many CDEP jobs are part time to allow for subsistence and commercial fishing.

Physical activity is down from traditional levels, for the reasons above and also because gardening has declined. Watching TV has also seriously contributed to a more sedentary life and breakdown of community. TV is the perfect medium for a dissociated, dependent community and furthers the cycle.

Self-government — The Torres Strait Islanders achieved a form of limited self government in 1995 with the setting up of the Torres Strait Regional Authority (TSRA) of 20 members. There is still a link to the Australian and Torres Strait Islander Commission, as one of the TSRA members is also a commissioner. Seventeen of the TSRA members are Chairpersons of Island Councils and the other three represent populations on Thursday and Horn Islands through forms of association. Thursday Island is the administrative centre and Horn is relatively industrialized with the major airport. The current system has evolved from the traditional pattern into an overgoverned representative democratic structure.

Overcoming dependency* — Although the picture described above sounds pretty bad, Torres Strait Islanders are retaining parts of their culture well relative to other indigenous peoples and are maintaining their thirst for recognition and rights. But all of the above cultural, political, social, and environmental factors have resulted in endemic dependency. While remedying the situation requires long term commitment from governments and the wider community, it also requires the long term commitment of the Islanders themselves. (Getano Lui in TSRA, 1995)

Dependency is now a major obstacle to improving life in TSI. Until Islanders take responsibility for their own development, other material assistance will be less than effective. The participative community planning was designed to overcome dependency and relocate responsibility for development with the Islanders.

* In 1952 Bion defined dependency as the basic group assumption of a great powerful being which protects the group from its own irresponsibility and sloth.



Action plans and implementations... The action plans they developed were short, medium or long term. As a result, some plans were very quickly implemented and required little or no outside help or financial assistance while others required longer time frames, consultation with people from outside the community and varying amounts of financial input. Often the original action plans evolved over time, which is to be expected, and other changes going on at the same time have affected them in various ways.

Saint Pauls

Saint Pauls has a population of about 200 people. We used a community reference system* to identify a core of people for the search and then extended an open invitation to the community to attend. The concept of community is still strongly held although its reality has faded. A stable group of participants attended the entire search conference and the training follow-up. They were representative of families, male and female adults and children through to elders.

Saint Pauls' desirable future — The *desirable future* for Saint Pauls was made up of the following strategic objectives:

1. Saint Pauls to become self sufficient...
2. More accommodation and housing so that every family has their own home...
This is for those who are here and those who want to come back.
3. Saint Pauls and Kubin to share the land and water...
4. Good transportation so we can improve health and industry...
5. We want people to be more qualified and have skills in areas such as industry, commercial, residential, education, etc....
6. To have people more involved in traditional and cultural activities and at the same time look at the future...
7. We want people to be healthy, happy and have a law abiding (*Ailan Kastom* [Island Custom]/European) community.

Action plans were written for all of the above strategic objectives with the exception of good transportation. More accommodation was dealt with in detail through the action plan for self sufficiency. Once implementation starts, action plans merge and spin off other ideas and actions so that strict accounting becomes difficult.

Two action plans which illustrate how well the implementation of the Saint Pauls strategic plan went are represented by the implementation of the housing and the cultural activity action plans.

More housing so that every family has their own home — This action plan was developed for those who are already living in Saint Pauls and for those who want to return. Four participants developed the plan and took responsibility for initiating the action with its two fundamental requirements :

- The use of local materials...
- The use of local labor.

Using local labor was seen as a practical way to further develop local skills. They have achieved this and more.

Difficulties were initially experienced with local government (Queensland) and the Federal Housing Department. As a result the Council decided to do it locally themselves. The Council now oversees its administration but it is the combined efforts of the community and Council which have made the outcome to date so remarkable.

The level of local involvement is continually increasing in the areas of design (also identified as a desirable outcome by the community in the plan), ordering and construction. People can now be involved from the initial design stage if they wish. They can use Council assistance for selecting and working with builders and architects.

Self-help housing allows for various levels of involvement from working with the builder to owner-builder options. The combined approaches have several benefits:

- Avoids the difficulties and rejection of housing loan applications...
- Provides an opportunity for genuine home ownership...
- Income is used for loan repayments rather than rent...
- Home owners are responsible for their homes which includes maintenance costs...
- Provides an opportunity to be involved and make choices for themselves.

The housing situation has improved dramatically, partly because Saint Pauls now has their own builder, painters, plumbers and maintenance people as was identified in their original plan.

* The community reference system is described in an article by Merrelyn Emery in the December, 1995 issue of this publication. Call AQP's Information Center at 800-733-3310 for a copy of that article, if you don't have it.

There has been a change in the maintenance of the accommodation. People now have more responsibility for the homes they live in. They also do more of the maintenance work themselves instead of them going to rack and ruin or relying on and waiting for the Council to fix them up. Council maintenance staff will still help for a fee if required.

They are now building *dongas* (like modular or mobile homes) for single people and small families. Saint Pauls have clearly demonstrated how to overcome many of the barriers to reducing housing shortages.

To have people more involved in traditional cultural activities and look at the future

— This action plan involved gardening which together with fishing was the traditional basis of survival (deserted gardens are one of the major signs of cultural decline).

The carrying out of this plan also demonstrates the evolution of seemingly simple beginnings over time. The community had identified education, self-motivation, encouragement, discipline and self-pride as important characteristics to be built in and they achieved this and more, as well as growing their own food. Many parts of their desirable future converged as a result in ownership of and commitment to the community's future. **2**

The Parks and Garden Gang... Three members of the community decided a mini-market garden would be beneficial not only for Saint Pauls but also for other island communities (knowledge from the elders was not used in the first stage as they just wanted to see what was possible using contemporary gardening methods). Council organized a trainer for six weeks. Seven people (two men and five women) aged from twenty to thirty years volunteered for the project and became known as the *Parks and Gardens Gang*. Their original intentions were twofold:

1. Self-sufficiency (their first strategic objective) in as many fruit and vegetables as possible (which also involved strategic objectives 5 and 7).
2. To generate some cash from the sale of their produce from the market garden to purchase more plants, seeds and gardening tools.

A community member made their land available for a small garden at the end of the village. The *Gang* were able to cut the grass down, make mulch and dig the garden bed in one day.

Gardening: a key linkage between cultural past and future...

Another action plan in Saint Pauls was led by Sam Kris pictured here in one of St. Pauls' new gardens. Mr. Kris' prescription involved walking children through the bush to identify *bush Kai Kai* (food) and bush medicines. This elder knows about bush medicine to cure and to kill. He knows his children like *wait-around-food* (packaged *junk food*) but the old people who believe in *gadin kai kai* and buy only tea from the shop die *the old age* because: no sugar... no heart attack... no disease.

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Photo courtesy of the *Torres News*

The site was selected near Boo Boo Creek and accessible to an existing water pump. They built a greenhouse and planted beans, tomatoes, sweet potatoes, yams and pumpkins. The produce was shared among the community.

The elders get involved... After training in contemporary gardening, the elders became involved, sharing their knowledge with the youth, how to plant, what to plant and how to garden — the whole community learned.

"We did it!" The most important aspect identified by the community was that the youth learned how to look after a garden. And they proved that they could once again have their own fresh fruit and veggies.

The *Parks and Garden Gang* still has many members of its original group who have now been joined by new people. The new members include elders to integrate the best of the old and new ways. Now the younger people know both ways of gardening and they have a real choice about which knowledge they use. The knowledge of the old ways also allows for future flexibility in relation to different locations of additional gardens. Membership in the *Garden Gang* was voluntary so that gardeners actually wanted to be there and involved in the project. At present the enterprise is Council controlled but could be controlled by the workers themselves in the future.

As a follow on, a second *Community Market Garden* has been started which is larger than the first and involves, on a regular basis twelve people aged from twenty to sixty years. Almost three acres were set aside in the center of the village (this meant the garden was handy for everyone) through the generosity of four to five members of the community. Other community members have also assisted, including all Council members in both a hands-on and support role.

With time, the produce will be sold to the community and other islands. (At the moment, most fruit and vegetables come from Brisbane by boat. By the time they arrive on the islands, they can be at least two to three weeks old).

This strategic goal has merged with the next. More people are gardening which supplies fresh fruit and vegetables that has direct impacts on health within the community. Improvements have been made with both drainage (in and around the community) and septic containment (with alternatives being tested). Both of these were identified in the original planning. The results of these plans have been recognized and diffused across the region by a front page feature in the *Torres News*.

Kubin

As Kubin has a population of only about 150 people, the whole community was invited to both the *search conference* and training follow-up. A stable group of participants attended the entire *search*, representative of different families, males, females and children through to elders. Some of these also attended the training.

Kubin's desirable future — The *desirable future* for Kubin comprised the following strategic objectives:

1. That traditional culture be strengthened and maintained and taught to the young...
2. Improving daily living through better facilities such as housing and community buildings, to meet family and individual needs...
3. To be a village where we are self sufficient...
4. Moving towards more full time employment and less reliance on CDEP...
5. Through training and education, improve the skills required to develop our community...
6. To create a healthy, hygienic environment...
7. To upgrade transportation within and to other communities...

8. To maintain harmony, unity and peace within the community.

The two action plans which illustrate how well the implementation of the Kubin's strategic plan went are represented by the implementation of the self-sufficiency and healthy environment action plans.*

To be a village where we are self sufficient

— This was also directed to growing vegetables. Eight people took responsibility for it. The project was to be large scale, requiring a lot of equipment and relied heavily on a highly qualified European horticulturist who was to supply expert knowledge. When the European left, the plan was no longer possible in its original form.

Community gardening... The community responded by putting in an estimated twenty individual or family gardens. They have achieved the originally intended outcomes without the large capital outlay, exotic plants or reliance on sophisticated irrigation systems:

- Costs were minimized through innovative approaches such as using spoiled produce from the local shop to obtain seeds.
- They grew predominantly *island tucker* which included yams, cassava (sweet potatoes), paw paws, water melons, lemons, cucumbers, mandarins, coconuts, mangoes, and tomatoes.

There were some good results with island varieties but it was quickly realized that tomatoes for example die very quickly in the local conditions.

Their gardening efforts clearly demonstrated they had relearned how to be actively adaptive to their changing environment.

To create a healthy, hygienic environment

— This required the village to be cleaned once a month. It worked for a while, then motivation declined. Reasons were suggested but these sound as if the sense of community has diminished, e.g. people now expect money for work. However, the *search* highlighted a change of attitude as desirable and people now clean their front and back yards which didn't happen prior to the planning. Also, there have been some clean up days for special events such as *bad news*, tombstone openings, etc.

* Some of Kubin's action plans were somewhat hampered by their loss of CDEP funding and support during the project timetable.

The following health and hygiene issues were also identified during the planning and addressed to varying degrees:

- They wanted to find a safe place for the disposal of rubbish. *The dump is no longer on the beach as it has been relocated to an area behind the village...*
- Proper treatment and storage of water: *They now have a 40,000 liter storage tank and the water is appropriately treated with chlorine...*
- More involvement from health center staff: *Nurses do home visits now and provide workshops on diabetes, diet and exercise. There is now an ambulance — a large four wheel motorbike...*
- More rubbish bins and signs around the village: *New houses have wheelie bins...*
- Pest control for mosquitoes: *There is now a visiting mosquito officer who will be doing more training...*
- There were too many dogs and cats. *Some people have limited the number of their dogs but others still have quite a few. Unfortunately the excess cats are simply wandering off into the scrub.*

Mabuiag

Mabuiag has a population of about 120 to 150 adults. The Mabuiag people are very traditional and the planning had to stop once so that local crayfish fishermen could go diving when the moon, currents and visibility in the water were just right. However, a stable group of participants attended the entire *search conference* together with a large number of stop by and look-see participants. A smaller group attended the training week. The planning at Mabuiag was extraordinarily difficult, even by Torres Strait Islands standards.

Overcoming extra roadblocks — During the planning sessions (*search conference*) we experienced more than the normal amount of disruptions:

- There was *bad news* of a priest on a neighboring island which meant the planning (and everything else in the village) stopped...
- There was a traditional village to village visit (gift giving and communal feasting) from Papua New Guinea. Most of the thirty chairs for the *search* left at the same time as did the traditional visitors from Papua New Guinea...
- There was no suitable place to hold the *search*. Their community hall had been demolished the week before the *search* so a hallway (2 meters by

20 meters) in the Council office building was used. One meeting room was available for small group work...

- We ran into Council elections, announcement of election results, results dispute, second announcement of election results, change of Council office bearers and associated uncertainty about other positions in the community...
- *Dugong* hunting, etc.

With all the breaks, the *search conference* took about two weeks (instead of two or three days) to finish. However, the community still managed to agree on twenty four action plans.

School children's participation... During the *Mabuiag search*, more school children than in earlier searches participated with the main group, or in parallel, for the entire planning process. The results of the eight and nine year old's work shows that all members of these communities have the ability to be self determining — if they are provided with the opportunity.

A final glitch to overcome... Unfortunately, a Commission officer took the community's only copy of the planning results and forgot to return it. They had to implement the plan, therefore, from memory. Their excellent results demonstrate one of the many advantages of participative planning, particularly in an oral culture. With other forms of planning, we believe the community would have been completely in the dark.

Mabuiag's desirable future — Mabuiag's *desirable future* was made up of the following strategic objectives.

1. We will see continuous infrastructure development so our community will be more similar to other Australian communities...
2. We will assist people providing us with services to improve their service to our community...
3. We will improve recreation opportunities for the benefit of the community...
4. We will achieve a better standard of health in our community...
5. We will upgrade the standard of education and training for our community...
6. We will ensure that our culture, heritage and tradition will be recognized and understood by both *goemulgal* (white people) and foreigners...
7. We will maintain our environment through management of land, sea and air...

8. Our community will have unity through social justice and humanity.

Two action plans which illustrate how well the implementation of the Mabuig's strategic plan went are represented by the implementation of the recreation and health action plans.

We will improve recreation opportunities for the benefit of the community — The plan was developed to provide an opportunity for football, basketball and volleyball. One person took responsibility and the community is currently organizing an incorporated body to arrange sport for Mabuig people. This is seen as a vehicle to assist in obtaining funding for activities that include volleyball, basketball, softball and football. A site was scheduled to be selected before the end of March 1996 in conjunction with an engineer as part of the Local Government Grant for Recreation Centers.

Additionally, three people took responsibility for an action plan to educate the youth on recreational activities. Mabuig Primary School now competes in *The Friendly Games* (called the *Bammao Sports*) with Badu and Saint Pauls. The school has introduced new sports that include baseball, hockey and skill development activities. They also have a new water slide, soccer nets, cricket equipment and a baseball set.

We will achieve a better standard of health in our community — Four people including the past and present chairpeople of the Council took responsibility to revive the *Health Action Group*.

The Health Action Group and its systems view... The *Health Action Group* recognized that many health issues can not be viewed in isolation, therefore hygiene, garbage, housing, child abuse, drugs, alcohol, nutrition, sexual abuse, community awareness, cleanliness, environmental health, sewerage and dietary advice were seen to require improvement. There have been numerous nutritional workshops and the new nurse's aides are local people. There is now an *Islander* manager and two *Islander* trainees in the health center. As a result people are more inclined to go to the center.

Four additional people took responsibility to provide more of their own fruit and vegetables and since the workshop have planted gardens and enjoyed watermelons, cassava, paw paws, pumpkins, sweet potatoes, sugar cane, bananas, grapefruit and lemons.

Another related action plan concerned high levels of diabetes. One person took responsibility with assistance by doctors, registered nurses and health workers. Education and screening were seen as important and a *Women's Action Group* was set up to organize a workshop, decrease sugar in the local diets and organize a talk at the primary school. There have been two workshops and increased diabetes testing.

Taking charge of their destiny

These island communities are now once again taking charge of their own destinies. Taking responsibility for their own development and futures has been the element missing in the last fifty years of Torres Strait history. No amount of money can compensate for this. While there has always been a consciousness of this need, the forces of dependency have weighed against its mobilization. The key to releasing the latent desire and will lies in the principles and practices of the *search conference* and the accompanying training week, namely that:

- Those who must implement and live with planning outcomes must do the plans — they take responsibility for themselves and their collective future...
- The planning encapsulates the unique and living culture of each community which is a part of Australia's culture and heritage...
- The planning builds on their historical experience, environment and lifestyles...
- The planning establishes common ground and distinguishes carefully between what was agreed and not agreed — was based on the shared ideals and values of the community...
- The participants look at the context of their island communities, that which would inevitably influence their futures...
- Their planning focuses on ends and means simultaneously...
- The planning be recognized as a continuous process so that active adaptive planning becomes a way of life...
- Participative democracy and active adaptation for continued self respect, dignity and meaning depend on the ability to consciously conceptualize the requirements for these basic human phenomena.

Measurable results over three communities...

The search conference method has produced effective change in the Torres Strait from small projects such as gardening (with implications for health, traditional knowledge, exercise, culture etc.) as well as larger infrastructure issues such as housing and water.

The children had a success rate of at least 50%. Their successes included improved education, tree planting and tending, a cleaner village, increased involvement in cultural activities, and an improvement in the provision of sport. This was a conservative evaluation as the kids may have remembered more.

The three communities collectively developed thirty eight action plans. After only two years, the average implementation rate across the three communities was 83.3%; Saint Pauls 100%, Kubin 62% and Mabuiaig 87.5%.

The Saint Pauls community were elated with their progress:

- They could see and feel the changes in the community — people getting on better than before.
- The action plans that primarily involved community and lower levels of financial input were quickly achieved with many evolving into larger projects (66.6%) and included housing, gardening, water and exercise. It is worth noting that these were identified as important at the regional level in November 1995 and February 1996.
- The final two action plans (33.3%) have been partially implemented (business management and first aid kits).
- All six of the action plans (100%) were implemented well within the planning time frame.

The community now has the confidence to do the next planning phase unassisted. Nothing like this has happened in the last fifty years.

The Kubin community's general consensus was that the plan worked well for about twelve months:

- Three of the action plans (37.5%) were implemented in full (traditional song and dance, village day and growing vegetables). These action plans did not require much in terms of council support, outside help or financial assistance.
- Another two action plans (25%) were also implemented by providing the opportunities. However, nobody wanted to take the opportunities provided (establishing a business and becoming an electrician) so they went no further.

- Overall, five of the eight action plans (62.5%) were implemented.
- After the initial twelve months everything seemed to fall apart. There was less communication and people were not getting on in the community because of political differences. The total loss of CDEP also had a drastic impact.
- The combined effects of these were detrimental to at least three of the eight action plans (37.5%).

Mabuiaig had twenty four action plans!

- Even without a copy of the plan, only three action plans (12.5%) were not addressed.
- Twelve action plans (50%) have been fully implemented.
- Ten (41.5%) are continuing with benefits for the community.
- Three action plans (12.5%) have all the groundwork accomplished and will be completed by the end of 1996.
- Four action plans (16.5%) were addressed but with lower levels of success. Three of these required long time frames and working with outsiders on legal or engineering matters (sea rights, airport upgrade and recreational facilities). The fourth was assisting service providers to the community.

All three communities volunteered to develop a plan which is an obvious precondition for accepting responsibility. Without genuine community involvement, the plan will not break the cycle of dependency. Because the Search is so carefully researched and designed to break this dependency cycle, it can succeed even in extreme situations. The addition of the participative training week ensured that even when Kubin and Mabuiaig experienced their difficulties, they had the conscious conceptual knowledge with which to discuss, and in some cases, rise above them.

The critical differences between these three searches

Saint Pauls is about to update its first community plan, completed well before time and above expectations. It is clearly ahead of the other two

communities followed up so far. They have achieved an open participative relationship between Council and community, and the confidence to update their plan without outside assistance. The training obviously took better root here, with more effective knowledge transfer and higher levels of self management and development. The question is why.

During the planning, Saint Pauls showed no particular pathologies apart from the endemic dependency and dissociation. Mabuiaig experienced a lot of political difficulties during the planning but they were not as disruptive as those experienced during implementation. Kubin also ran into intense political instability 12 months after implementation started and this proved destructive.

Follow on workshops to the original searches...

In April 1994 the individual community planning was followed up with two five-day workshops designed specifically to assist the transfer of knowledge and practice between the participating communities and to further assist the communities in fully taking control of their own planning and implementation. Kubin and Saint Pauls attended the first workshop, Mabuig, Murray and Saibai attended the second.

This follow on project was designed to achieve two main goals.

Together these goals could establish self-sufficiency in a continuing process of active adaptation to changes to their environment.

1. The responsible development of their own realistic strategic plans using local knowledge and aspirations.
2. To pass on all the conceptual and practical requirements for continuing self-management.

The workshop used a very simple and flexible design beginning with communities sharing their desirable futures and their progress towards implementation. They then surveyed changes since the planning and considered their implications — common themes emerged from both these activities.

The communities then jointly planned action to meet the challenges. We then debriefed the search and active adaptive process. When everybody had this under their belts, we ran a *participative design workshop* redesigning their workforces. During both workshops the participating communities identified council/community meetings as a major target for redesign. They then redesigned these in detail as participative rather than representative democratic forums.

However, some community members continued with their action plans irrespective of what the political climate was at the time. The numerous gardens in Kubin are an example. Even when a community fragments, not all is lost, but the most powerful effects of a united achieving community are.

Political conflict is a critical factor — The critical difference between Saint Pauls, and both Kubin and Mabuig, was political conflict. In small communities where the traditional system of governance can be fairly characterized as a benevolent autocracy and where the most powerful families competed to produce what is now the Chairperson of the Council, these conflicts are not just *political*, they are a part of the community.

When conflict breaks out between ruling families, it splits the community and inhibits both traditional and representative forms of democratic working. Political conflicts within a small community which is highly politicized in terms of family identification can disrupt even the most powerful forces towards community building.

The searches set up strong forces toward common community goals and futures which cut across family loyalties and politics.

Other lessons... Other lessons included the following:

- Faith in high tech/high cost solutions is misplaced. Communities should not rely on external/foreign experts.
- Economics definitely impacts on community self confidence.*
- After years of oppression and dependency, more than one shot may be required to restore community responsibility, self-esteem and dignity. There are good reasons for alternating the focus between the larger whole which is the region and the community which is a small part of it.

Conclusions

Community planning was an opportunity for Torres Strait Islanders to bring about purposeful change in a manner that was meaningful to them at the community level. It is local action that will eventually change many of the undesirable situations that exist on the outer islands in particular.

Their *desirable futures* contained the most fundamental goals for development, those that have the greatest consequences and multiplier effects. Fresh food, adequate accommodation, adequate supplies of clean water and a clean, healthy and beautiful physical environment are the absolute basics of wholistic health and well being. The collective activity of pursuing these goals has already built community.

Self-sufficiency in planning... As a result of the planning and the subsequent training, Saint Pauls has already completed their first plan ahead of time and are about to do their next plan themselves. They are now self-sufficient in producing their own desirable future.

The other communities have progressed reasonably well given the powerful obstacles they faced. It is quite possible that all three communities will have full implementation within the five year planning period. This is quite remarkable for planning in Torres Strait Islands.

* The loss of CDEP income on Kubin and Mabuig has had traumatic effects on community. All this proves is that indigenous communities suffer the same dynamics as all other communities undergoing forms of economic deprivation regardless of whether it is caused by economic rationalism, reengineering or the global waxing and waning of industrial priorities.

The dependency cycle is broken! Although the Islanders have occupied the Torres Strait for thousands of years, they have experienced increasing dependency during the last fifty. For these three communities at least, the cycle of dependency has been broken.

In addition to the more tangible aspects of the plans, the process showed that the worrisome trends among the islands kids can be halted by including them in the purposeful planning and action toward their own future, as full participants in their own right.

Participative community planning can help them prevent future problems of maladaptation, aggression on the one hand and dependent, apathetic behaviors on the other. The *search conferences* created a chance for Islanders to regain their ideals and their culture through active adaptation.

It worked! The searches created the positive affects and energy to fuel the continued implementation and diffusion. Now there is a solid foundation for a genuinely sustaining and self-managing Torres Strait. ♦

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John Paton developed his experience in participative processes during the 1980s. Paton has used the search conference across a broad range of government, business and community initiatives at the local, regional and national levels. Paton's current interest centers on successful implementation of plans through enhanced participative processes. His consulting firm, Futureview operates outside of Perth in Western Australia.



Merrelyn Emery has been at the forefront of the development of the search conference and participative design methodology for over thirty years. Her most recent efforts have focused on the development and refinement of effective training programs for both methods. Her (co-authored) book, *The Search Conference: A Powerful Method for Planning Organizational change and Community Action* (Jossey-Bass) may be purchased from the AQP (800-733-3310).